



## Waiver & Release AGREEMENT

Upon acceptance of this application, I hereby waive and release any and all rights and claims for damages I may have against the Board of Regents of Kansas Wesleyan University and its employees, as well as the AVP Camps Director and its staff, on account of any injuries or illness sustained by my child while attending an AVP or KWU Volleyball Camp. I authorize the director of the camp or his/her designee to select hospital facilities and/or physician of his choice and authorize treatment on an emergency basis in the event such treatment becomes necessary as a result of participation in the AVP or KWU Volleyball Camps or from staying on the campus of Kansas Wesleyan University.

Parent/Guardian Signature \_\_\_\_\_

Printed Name \_\_\_\_\_ Date \_\_\_\_\_

Name of Insurance Company \_\_\_\_\_

Company Address \_\_\_\_\_

Policy Number \_\_\_\_\_

Policy Owner \_\_\_\_\_

**Medical Insurance:** All campers will be required to have a signed waiver and release agreement on file before participating. An athletic trainer will be on duty throughout the entire camp. All participants should be covered by personal medical insurance. Each camper is asked to provide the company name, address, and policy number and owner. The accident insurance provided by the camp is on an excess basis.



Primary Sponsor of AVP Camps

# Advanced Volleyball Performance

## VOLLEYBALL CAMPS

*kansas wesleyan university*



TEACHING TODAY'S  
YOUTH TOMORROW'S  
GAME

**ALL CAMPERS WILL RECEIVE A FREE CAMP T-SHIRT AND OTHER GIFTS AND PRIZES.**

### Individual SKILLS CAMPS

YOUTH CAMP I June 1-3 (Grades 3-5)

YOUTH CAMP II June 1-3 (Grades 6-8)

ADVANCED CAMP June 23-25 (Grades 9\*-12)

### Specialty Camps GRADES 9-12

SETTERS CAMP June 1-3

DEFENSE/PASSING/SERVING CAMP June 1-3

Team or Satellite Camps can be arranged by contacting KWU Head Coach and AVP Director Fred Aubuchon at 402-460-0464 or [fred.aubuchon@kwu.edu](mailto:fred.aubuchon@kwu.edu)

the **MISSION OF AVP CAMPS**

Advanced Volleyball Performance (AVP) Camps began in 1996 in Toledo, Ohio under the direction of Fred Aubuchon. Since its inception, AVP Camps has prided itself on staying one step ahead of the competition by providing the latest techniques in skills, styles and various aspects of conditioning. Entering 2011, AVP Camps have worked with more than 10,000 athletes in Ohio, Michigan, Nebraska and Kansas.

Our mission has three well-defined objectives:

- 1- *To develop skills and techniques in every young athlete that is interested in learning or perfecting the game of volleyball.*
- 2- *Never say 'you can't', which means we allow all of our campers the opportunity to explore all aspects of the game of volleyball.*
- 3- *Never leave an athlete behind! It is our primary concern that we work with everyone that attends an AVP Camp.*

about **Director and Head Coach**  
FRED AUBUCHON

- Played volleyball for Central Michigan University and the University of Toledo.
- Played Midwest Pro-Beach Volleyball
- Head Collegiate Coach since 1996
- Over 380 Collegiate Victories
- 6 Trips to the National Championships
- Multiple Conference & Regional Championships
- Multiple Coach of the Year Awards
- Multiple All-Americans & Academic All-Americans



**Individual** SKILLS CAMPS

This style of camp is designed to give campers an opportunity to develop the fundamental, positional and specialty skills of volleyball. Each skills camp will conclude with its own tournament (see below for more information).

**June 1-3 (Grades 3-5) YOUTH CAMP I**

A basic skills camp that will focus on fundamentals, with a coach controlled tournament to take place in the second half of the final session.

**Check-in:** June 1 8:30am

**Daily Schedule:** 9:00am – 11:30am

**June 1-3 (Grades 6-8) YOUTH CAMP II**

An intermediate style camp that will work on primary skills and introduce advanced skills and system play. The final two sessions will be dedicated to tournament play.

**Check-in:** June 1 8:30am

**Daily Schedule:** 9:00am – 11:30am & 1:00pm-3:30pm

**June 23-25 (Grades 9\*-12) ADVANCED CAMP**

The Advanced Camp is geared towards the high school athlete. Campers will be divided each session for specific skill training, advanced skills, and 6-on-6 drills and games. The final two sessions will be dedicated to tournament play.

*\*8th graders with experience may attend this camp.*

**June 23 11:00am:** dorm check-in

**12:00pm** check-in for all non-dorm campers  
For complete camp schedule please email fred.aubuchon@kwu.edu

**June 1-3 (Grades 9\*-12) SPECIALTY CAMPS**

AVP specialized training camps maximize repetitions with a high level of intense training. Each camper will receive both physical and mental training during these three advanced sessions. Please note that these two camps run concurrently, campers can attend only one.

- *Setters Camp*
- *Defense / Passing / Serving Camp*

**Check-in:** June 1 5:00pm

**Daily Schedule:** 5:30pm – 8:30pm

**Application** FORM

Full Name Birthdate

Address

City State Zip

Email Address

Cell Phone

T-Shirt Size Height Position in Volleyball

Grade in Fall of 2011 High School System or School Name

Parent/Guardian Name(s)

Emergency Contact Name

Emergency Contact Phone(s)

*Please attach any and all pertinent medical information we should be aware of and complete the waiver on the back of this application.*

**CHECKS PAYABLE TO: AVP CAMPS**

Please mark, in the box, which camp(s) you are attending and any meals you wish to purchase.

- Youth Camp I (grade 3-5) - \$30
- Youth Camp II (grades 6-8) - \$50  Meals - \$18
- Setter's Camp (grades 9-12) - \$65
- Def/Serve Camp (grades 9-12) - \$65
- Advanced Camp (grade 9-12) - \$135
- Advanced Camp Meals Only - \$32
- Advanced Camp Housing & Meals- \$70

Send at least the 50% deposit along with the completed application and waiver, no later than May 15th; to: *Fred Aubuchon, AVP Camps  
Kansas Wesleyan University  
100 East Claflin Avenue #8  
Salina, KS 67401*

**Checks only, payable to: AVP Camps**

**PLEASE FEEL FREE TO DUPLICATE THE APPLICATION FORMS.**